

**RENIN ANGIOTENSIN SYSTEM & SYMPATHETIC NERVOUS
SYSTEM IN THE PROGRESSION OF PRESSURE OVERLOAD
CARDIAC HYPERTROPHY AND THE ROLE OF α_1
ADRENOCEPTOR SUBTYPES IN THE CONTROL OF RENAL
HAEMODYNAMICS IN LEFT VENTRICULAR
HYPERTROPHY**

HASSAAN ANWER RATHORE

UNIVERSITI SAINS MALAYSIA

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AND THE ROLE OF α_1 ADRENOCEPTOR SUBTYPES IN THE CONTROL OF
RENAL HAEMODYNAMICS IN LEFT VENTRICULAR HYPERTROPHY**

by

HASSAAN ANWER RATHORE

**Thesis submitted in fulfillment of the requirements for the degree of
Doctor of Philosophy**

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To

My beloved father Mr. Mohammad Anwer Rathore

My beloved mother Mrs. Salma Bano Rathore

&

Zarina Hanim Ismail

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A handwritten signature in black ink, reading "Hassaan!" with an exclamation mark at the end. The signature is written in a cursive style with a large initial 'H'.

Hassaan A. Rathore

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LIST OF ABBREVIATIONS

| | |
|------------------|--|
| -ve | negative |
| % | percent |
| %age | Percentage |
| +ve | positive |
| ± | Plus minus |
| 1/s | one per second |
| 5MeU | 5 Methyl Urapidil |
| 6OHDA | 6 Hydroxy dopamine |
| α | Alpha |
| α_1 | Alpha one (subtype of alpha adrenoceptors) |
| α_{1A} | Alpha one A (subtype of α_1 adrenoceptors) |
| α_{1B} | Alpha one B (subtype of α_1 adrenoceptors) |
| α_{1C} | Alpha one C (subtype of α_1 adrenoceptors) |
| α_{1D} | Alpha one D (subtype of α_1 adrenoceptors) |
| α_{1H} | Alpha one H (subtype of α_1 adrenoceptors) |
| α_{1L} | Alpha one L (subtype of α_1 adrenoceptors) |
| α_2 | Alpha two adrenoceptor |
| α_{2A} | Alpha two A adrenoceptor |
| α_{2B} | Alpha two B adrenoceptor |
| α_{2C} | Alpha two C adrenoceptor |
| α_{2D} | Alpha two D adrenoceptor |
| β | Beta |
| β_1 | Beta one adrenoceptors |
| β_2 | Beta two adrenoceptors |
| β_3 | Beta three adrenoceptors |
| β_4 | Beta four adrenoceptors |
| μ g | Micro gram |
| AB | Aortic banded |
| AB4weeks | Aortic banded for 4 weeks |
| AB4weeksSYMP | Aortic banded for 4 weeks and sympetsectomized |
| AB8weeks | Aortic banded for 8 weeks |
| ABLOS | Aortic banded treated with losartan |
| ABSYMP | Aortic banded and sympathectomised |
| ABSYMPLOS | Aortic banded sympetsectomized & treated with losartan |
| ACE | Angiotensin converting enzyme |
| ACEi | Angiotensin converting enzyme inhibitor |
| AMPK | Adenosine monophosphate activated protein kinase |
| ANGII | Angiotensin type II |
| ANP | Atrial naturetic peptide |
| ANS | Autonomic nervous system |
| ARBs | Angiotensin receptor blockers |
| AT ₁ | Angiotensin type 1 receptor |
| AT _{1A} | Angiotensin type one A receptor |

| | |
|------------------|--|
| AT _{1B} | Angiotensin type one B receptor |
| AT ₂ | Angiotensin type 2 receptor |
| ATG | Angiotensin gene |
| AV | Atrio-ventricular |
| BMV7378 | 8-[2-[4-(2-methoxyphenyl)-1-piperazinyl]ethyl]-8-azaspiro[4.5]decane-7,9-dione dihydrochloride |
| BNP | Brain natriuretic peptide |
| BP | Blood pressure |
| BPM | Beats per minute |
| BPU | Blood perfusion unit |
| Ca ⁺² | Calcium |
| CBP | Cortical blood perfusion |
| CEC | Chlorethylclonidine |
| cGMP | Cyclic guanine mono phosphate |
| CHF | Congestive heart failure |
| Cl ⁻ | Chloride |
| CNS | Central nervous system |
| CT | Computed tomography |
| CVS | Cardiovascular system |
| DVR | Descending vasa recta |
| ECG | Electro cardiogram |
| ECM | Extra cellular matrix |
| EDP | End diastolic Pressure |
| EF | Ejection fraction |
| ET-1 | Endothelin type 1 |
| g | Gram |
| GFR | Glomerular filtration rate |
| GI | gastrointestinal |
| GPCRs | G protein coupled receptors |
| HR | Heart rate |
| i.m | Intramuscular |
| i.p | Intraperitoneal |
| i.v | Intravenous |
| ISO | Isoprenaline |
| K ⁺ | Potassium |
| LCa | L-type calcium channel |
| LVEF | Left Ventricular Ejection Fraction |
| LVH | Left ventricular hypertrophy |
| MAP | Mean arterial pressure |
| Max | Maximum |
| Max-Min | Maximum minus Minimum |
| ME | Methoxamine |
| mg | Milli gram |
| Min | Minimum |
| ml | Milli liter |
| mmHg | Millimeter mercury |

| | |
|-----------------|-------------------------------|
| mmHg/s | Millimeter mercury per second |
| MRI | Magnetic resonance imaging |
| mRNA | Messenger ribonucleic acid |
| MUGA | Multiple gated acquisition |
| n | number of animals |
| NA | noradrenaline |
| Na ⁺ | Sodium |
| NaCl | Sodium Chloride |
| ng | Nano gram |
| NO | Nitric oxide |
| p | Probability |
| PE | Phenylephrine |
| PNS | Peripheral nervous system |
| QRS | Part of ECG wave |
| RAS | Renin angiotensin system |
| RBF | Renal blood flow |
| ROS | Reactive oxygen species |
| s.e.m | Standard error of mean |
| SA | Sino atrial |
| SD | Sprague Dawley |
| Sec | Seconds |
| SNS | Sympathetic nervous system |
| TGF β | Tumor growth factor beta |
| U.O | Urine output |
| W.I | Water intake |
| wt. | Weight |

SISTEM RENIN ANGIOTENSIN DAN SISTEM SARAF SIMPATETIK DALAM PERKEMBANGAN TEKANAN BERLEBIHAN HIPERTROFI KARDIAK DAN PERANAN ADRENOSEPTOR SUBJENIS α_1 DALAM HIPERTROFI VENTRIKEL KIRI

ABSTRAK

Hipertrofi ventrikel kiri (LVH) telah dikenal pasti sebagai faktor penyebab tunggal bagi penyakit arteri koronari, kematian mengejut, lumpuh dan kegagalan jantung. Kadar pertambahan penyakit hipertrofi ventrikel kiri bergabung dengan hipertensi secara puratanya adalah sebanyak 40%. Oleh itu, pencegahan atau kemerosotan bagi LVH menjadi sasaran rawatan sama ada secara farmakologi, mekanikal, pembedahan atau manipulasi genetik. Tesis ini membincangkan tentang perkembangan LVH yang mengarah kepada kegagalan jantung dengan penekanan terhadap penglibatan sistem saraf simpatetik (SNS) dan sistem renin angiotensin (RAS). Faktor-faktor yang menyebabkan LVH yang boleh membawa kepada kegagalan jantung termasuklah lebih mekanikal, pertambahan tekanan oksidatif, pertambahan penghasilan spesies oksigen yang reaktif (ROS), perubahan neurohormonal dan kecacatan aktiviti nitrogen oksida synthase (NOS). Perubahan neurohormonal yang berlaku semasa pengubahsuaian kardiak adalah disebabkan oleh rangsangan adrenergik α dan β , angiotensin, endotelin, dan faktor nekrosis tumor α . Peningkatan tahap angiotensinogen, ACE, ANGII dan mRNA reseptor ANGI yang telah ditunjukkan, mencadangkan aktiviti RAS yang berlebihan di dalam model kajian LVH. Selain daripada itu, penyekatan aktiviti RAS telah memberi faedah ke atas pertunjukan kardiak malah ke atas kadar penyakit dan kematian. Noradrenalin adalah faktor pertumbuhan yang sangat penting untuk kardiomyosit dan ia telah dicadangkan mengandungi kesan langsung ke atas

kardiomyosit tanpa mempengaruhi kesan selepas pengepaman darah masuk ke jantung (afterload). Dengan latar belakang ini, kajian ini telah diaturkan untuk menjelaskan sumbangan SNS dan RAS di peringkat vaskular periferi dan saluran darah berintangan ginjal. Kajian ini telah dibahagikan kepada 3 bahagian dengan objektif penyelidikan yang berbeza dalam mencapai tujuan yang satu. Eksperimen vasopressor telah dijalankan untuk mengenali peranan adrenoseptor α dan reseptor AT_1 serta mengenalpasti interaksi antara RAS dan SNS dalam vaskulatur periferi. Untuk mengetahui perkembangan LVH pada sela masa tertentu, beberapa eksperimen telah dijalankan dan adrenoseptor intrarenal dan AT_1 telah dikaji melalui eksperimen yang telah dirancang secara spesifik untuk menyelidik reseptor α_1 dan subjenisnya dalam vaskulatur ginjal dan buah pinggang. Dalam vaskulatur periferi, reseptor AT_1 dan adrenoseptor α_1 telah terlihat mengandungi mekanisme tindak balas yang kompleks di mana secara keseluruhannya RAS bertindak balas positif terhadap SNS dengan beberapa pengecualian. Selepas stenosis aorta, fungsi ventrikel kiri telah dimodulasi oleh SNS dan RAS. Fasa pertama terdiri daripada disfungsi sistolik dan kemudian diikuti oleh disfungsi diastolik. Peranan SNS telah dipertingkatkan dalam pengubahsuaian fungsi jantung semasa LVH dan antagonism SNS telah mengarah kepada fungsi ventrikel kiri yang lebih baik. Pada peringkat saluran darah berintangan ginjal, pelbagai perubahan subjenis α_1 adrenoseptor telah dilihat yang mana telah menjana tindak balas yang kompleks terhadap reseptor AT_1 di dalam ginjal. Peranan adrenoseptor subjenis α_{1D} seolah-olah telah mendapat kepentingan asas dengan sedikit perubahan dalam peranan adrenoseptor α_{1A} dan α_{1D} .

**RENIN ANGIOTENSIN SYSTEM & SYMPATHETIC NERVOUS SYSTEM IN
THE PROGRESSION OF PRESSURE OVERLOAD CARDIAC
HYPERTROPHY AND THE ROLE OF α_1 ADRENOCEPTOR SUBTYPES IN
THE CONTROL OF RENAL HAEMODYNAMICS IN LEFT VENTRICULAR
HYPERTROPHY**

ABSTRACT

Left ventricular hypertrophy (LVH) has been identified as an independent risk factor in coronary artery disease, sudden death, stroke and heart failure. The prevalence of LVH in patients with essential hypertension has been found to be 40% on average. Therefore, prevention and/or regression of LVH is a major therapeutic goal whether achieved by pharmacologic, mechanical, surgical or genetic means. This thesis discusses the progression of LVH that leads to heart failure with an emphasis on the involvement of sympathetic nervous (SNS) and the renin angiotensin systems (RAS). The pathogenesis of LVH leading to a failing heart might include mechanical overload, increased oxidative stress, increased production of reactive oxygen species (ROS), neurohormonal changes and impaired nitric oxide synthase activity. The neurohormonal changes that occur during this cardiac remodeling are caused by α and β adrenergic stimulation, angiotensin, endothelin and tumor necrosis factor α . Increased levels of angiotensinogen, ACE, ANGII and ANGI receptor mRNA have been shown which suggests an overactive RAS in experimental models of LVH. Moreover, inhibition of RAS has been shown to be of benefit for cardiac performance as well as morbidity and mortality. Noradrenaline is a potent growth factor for cardiomyocytes and it has been postulated to have a direct effect on cardiomyocytes without affecting afterload. With this background, this study sets out to elucidate the contribution of SNS and RAS at

peripheral vasculature and renal resistance vessel level. The complete study was divided into three parts with different experiments aimed to achieve individual objectives. The vasopressor experiments were carried out to identify the role of α adrenoceptors and AT_1 receptors and identify the interaction of RAS and SNS in the peripheral vasculature. To study the progression of LVH over a period of time some experiments were done. Thirdly, intra renal adrenoceptors and AT_1 were studied in an experiment which was designed specifically to study the role of α_1 adrenoceptors and their subtypes in the renal vasculature and kidney. It was found that in peripheral vasculature AT_1 receptors and α_1 adrenoceptors have a complex feedback mechanism whereby in general RAS had a positive feedback on the SNS with a few exceptions. After aortic stenosis the left ventricular function is greatly modulated by both SNS and RAS. The initial phase constitutes of systolic dysfunction which is followed by diastolic dysfunction in later stage. The role of SNS is greatly enhanced in the modulation of cardiac function during LVH and antagonism of SNS leads to improved left ventricular function. At the renal resistance vessels, a multiple subtype shift of α_1 adrenoceptor subtypes was observed which generated a complex feedback on the renal AT_1 receptors. The role of α_{1D} adrenoceptor subtype seemed to have gained functional importance in LVH with a minimal altered role of α_{1A} and α_{1B} adrenoceptors.

CHAPTER 1

INTRODUCTION

Heart failure is one of the leading causes of cardiovascular morbidity and mortality in the modern age. About 60-70% of the patients presented with congestive heart failure (CHF) have left ventricular systolic dysfunction. Rest of the patients who preserve left ventricular ejection fraction (LVEF) exhibit left ventricular diastolic dysfunction (Vasan *et al.*, 1995).

Heart failure can be defined as a clinical syndrome caused by an abnormality of the heart and recognized characteristic patterns of haemodynamic, renal, neural and hormonal responses accompanied by structural alterations of the ventricles of heart. Reports from the Framingham study suggested a 6-fold increased risk in overall mortality in individuals with definite ECG-LVH and 45% deaths due to cardiovascular events in these patients (Alan *et al.*, 2006). Moreover, left ventricular hypertrophy (LVH) has been identified as an independent risk factor for coronary artery disease, sudden death, stroke and also heart failure (Elieser, 1994; Alan *et al.*, 2006).

In the US, it has been estimated that there are 550,000 new cases of CHF every year and approximately 4,800,000 Americans are currently diagnosed to have congestive heart failure. After the age of 65 incidence of CHF has approached ten per 1,000 population (1%) in the US (Wayne *et al.*, 2007). CHF patients are believed to have a 5 year mortality of approximately 50% (National Heart, Lung & Blood Institute CHF fact sheet, 1996) with roughly 20% dying in the first year (Wayne *et al.*, 2007).

Myocardial infarction disables 22% males and 46% females within 6 years of diagnosis of CHF. 80% of men, while 70% of women under the age of 65 with CHF die within 8 years. After CHF is diagnosed, survival is poorer in men than in women, but fewer than 15% of women survive more than 8-12 years. Their one-year mortality rate is higher with one in five dying. In USA, CHF deaths have increased by 145% between 1979 and 1999.

The prevalence of LVH in patients with essential hypertension has been found to be 40% on average (Alexander *et al.*, 2003). Therefore, prevention and/or regression of LVH are major therapeutic goals whether achieved by pharmacologic, mechanical, surgical or genetic means.

Here we will discuss the progression of LVH that leads to heart failure with an emphasis on the involvement of sympathetic nervous and the renin angiotensin systems.

1.1 Anatomy of the neurons & the neural bed

The system of cells, tissues and organs that regulate the body's response to internal and external stimuli, through electrical and/or chemical transmission, is known as the nervous system (William *et al.*, 2001). It constitutes of brain, spinal cord, nerves, ganglia and receptors which harmonize the transmission, reception and response to these signals in order to capacitate the body to function.

Neurons are the building blocks of the nervous system and constitute of a cell body, the dendrites and axon. The cell body contains the nucleus and performs most of the functions as a somatic cell except that after maturation most of the neuronal cells lose the ability to undergo cell division. Dendrites are small thread like structures originating from the cell body and function to receive inputs from the surroundings. They may also form junctions with the surrounding neurons to form synapse(s). A pre-synaptic neuron may release a chemical transmitter called neurotransmitter to communicate with the dendrite of a post-synaptic neuron cell body. Axon or a nerve fiber is usually elongated and unlike dendrite, it functions to transmit electrical signals in the form of action potential, from the cell body to either another synapse or to an effector organ. Axons may also branch and thus form collaterals. The beginning end of an axon is known as hillock and the terminal end of the axon is called terminal. Axon hillock, in most of the neurons, is specialized in initiating the action potential while terminal is specialized to release a neurotransmitter (William *et al.*, 2001).

In general the nervous system can be divided into two main subcategories; central nervous system (CNS) and the peripheral nervous system (PNS).

1.1.1 Central Nervous System

The central nervous system (CNS) consists of brain and spinal cord. These two organs probably consist of the most delicate tissues in our body. Pertaining to their importance they are well protected in our body by three different substances; bone, connective tissue and fluid. The outer most layer that protects this delicate tissue is

cranium (skull). It surrounds the brain and also constitutes the bony vertebral column which surrounds the spinal cord. Between the bone and the nervous tissue are three layers of membranes called meninges (dura mater, arachnoids mater and pia mater). In between the archnoid mater and the pia mater, the space called subarachnoid space, is filled with a fluid called cerebrospinal fluid. The cerebrospinal fluid is a clear watery fluid that bathes the CNS and provides a cushion against sudden jerks. It is similar but not identical to the plasma in constitution (William *et al.*, 2001). The structure of a typical neuron is shown in Fig. 1.1.

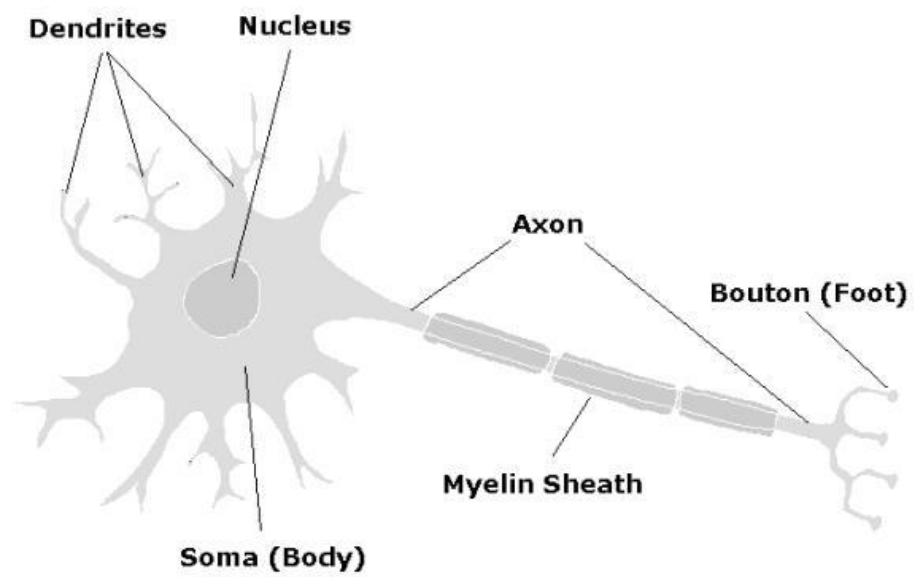


Figure 1.1. Structure of a typical neuron

1.1.2 Peripheral Nervous System

Peripheral nervous system (PNS) consists of nerve cells that enable communication between the CNS and the effector organs throughout the body. The peripheral nervous system can be subdivided into two divisions; Afferent PNS and Efferent PNS.

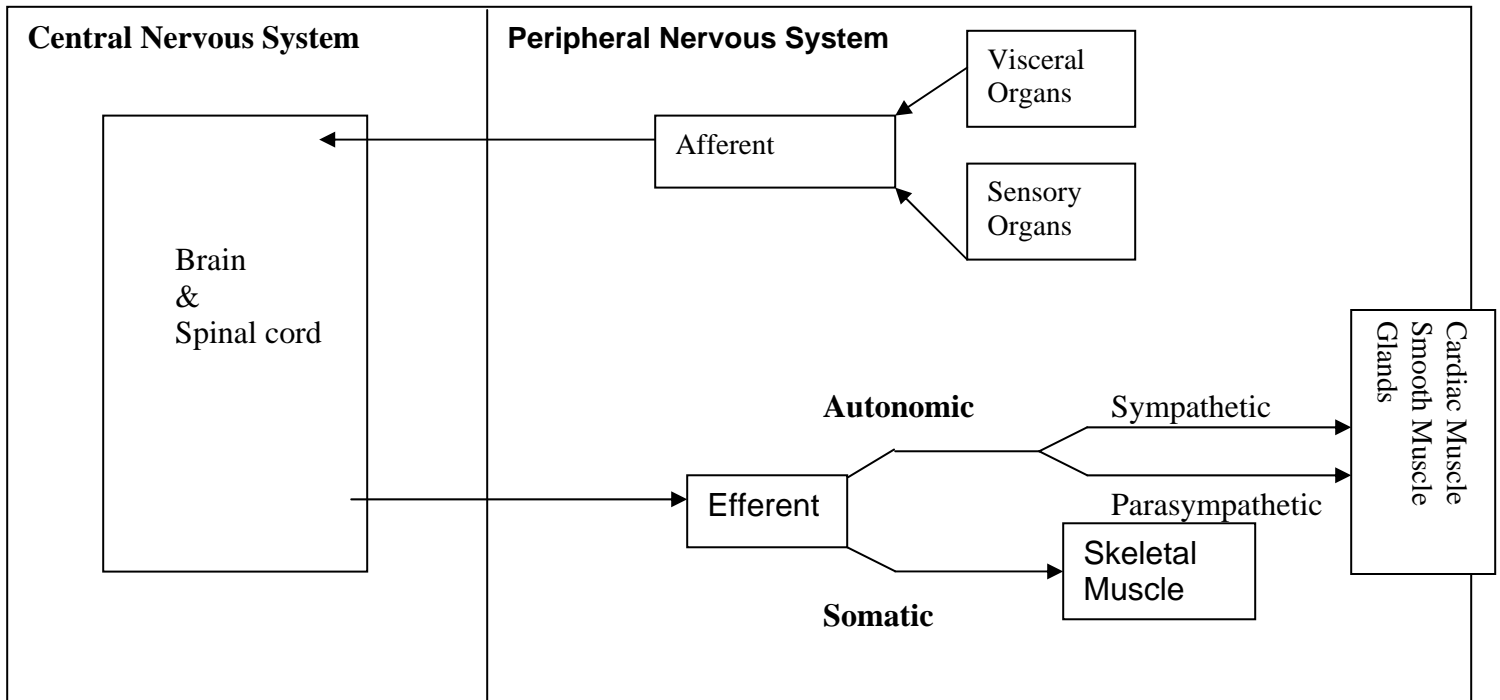


Figure 1.2 Organization of the nervous system
[Adapted from William *et al.*, 2001]

Afferent division of the PNS consists of neurons that transmit electrical signals from organs to the CNS. Information from the visceral organs is transmitted to the CNS via these neurons. This information is in regard to blood pressure, hunger, thirst etc while the sensory neurons transmit the information related to the external stimuli such as vision, touch, taste etc.

1.1.2.a Autonomic nervous system

Autonomic nervous system (ANS) regulates organs of the body that are not under voluntary control. It regulates the function of internal organs, glands, vessels, cardiac rhythm, kidney function etc. The ANS receives input from parts of the CNS that process stimuli from the body and the external environment. These parts of CNS include the hypothalamus, nucleus of the solitary tract, reticular formation, amygdala, hippocampus, and olfactory cortex.

ANS can be divided into two groups; sympathetic nervous system and parasympathetic nervous system. Both sympathetic and parasympathetic systems consist of two sets of nerve bodies. The pre-ganglionic body is in CNS while the post-ganglionic body is usually outside the CNS and these post-ganglionic efferent fibers lead to effector organs.

The pre-ganglionic fibers of the sympathetic nervous system are located in the inter-mediolateral horn of the spinal cord. The ganglia are usually within the vertebral column and long post-ganglionic fibers innervate the effector organs, usually vascular smooth muscles, viscera, lungs, scalp, lachrymal and salivary glands, smooth muscles of viscera and glands, and ocular muscles. The sympathetic nervous system is catabolic in nature and exhibits flight and fright responses. Thus, sympathetic output increases heart rate and contractility, bronchodilation, hepatic glycogenolysis and glucose release and muscular strength. Less immediately life-preserving functions (e.g. digestion, renal filtration) are decreased. Most post-ganglionic sympathetic fibers release noradrenaline

and therefore sometimes termed as noradrenergic fibers; i.e., they act by releasing noradrenaline (NA).

The pre-ganglionic fibers of the parasympathetic system are located in the brain stem and sacral portion of the spinal cord. Pre-ganglionic fibers exit the brain stem in the form of cranial (vagus) nerves. The vagus nerve contains most of the parasympathetic fibers. Parasympathetic ganglia are found within the effector organ and post-ganglionic fibers are usually very small in length. The parasympathetic nervous system is anabolic; it conserves and restores, therefore, exhibits rest and digest responses. GI secretions and motility (including evacuation) are stimulated, heart rate is slowed, and BP decreases.

Erection is a parasympathetic function while ejaculation is a sympathetic function.

1.1.2.b Somatic nervous system

Somatic nervous system consists of nerve cells called motor neurons which control the function of skeletal muscles. These nerves constitute the voluntary control of organs.

Here we will focus more on the contribution of sympathetic nervous system and renin angiotensin system to LVH progression and thus will discuss them in detail.

1.2 Sympathetic nervous system

The autonomic nervous system (ANS) plays an important role in both healthy and diseased states. It regulates the function of all tissues and organs innervated by sympathetic nerves, except the skeletal muscles. ANS is independent in its activities and is not under voluntary control. It consists of three components; noradrenergic nerves, cholinergic nerves and the enteric system. Adrenergic nervous system (sympathetic nervous system) is physiologically the most important component of ANS and innervates all the vital organs of the body. The cholinergic nerves constitute the parasympathetic nervous system. The enteric system regulates the intestinal functions and projects from sympathetic and parasympathetic nerves (Furness *et al.*, 1980, Vizi *et al.*, 1991)

Here we will emphasize more on the sympathetic nervous system and the role of its components in the modulation of haemodynamics.

Sympathetic nervous system consists of a complex relay system consisting of nerves, neurotransmitters and receptors. Following are the components that are vital to the sympathetic nervous system:

- Pre-ganglionic sympathetic nerves
- Post-ganglionic sympathetic nerves
- Catecholamines
- Adrenal Medulla
- Adrenergic receptors

Sympathetic nerves originate in the brain stem and give rise to pre-ganglionic efferent nerve fibers that leave the CNS in the thoraco-lumbar region of spinal cord. Most of these pre-ganglionic sympathetic nerves form synapses with post-ganglionic sympathetic nerves in the para-vetebral chains located on either side of the spinal column. Remaining sympathetic ganglia are located in the pre-vertebral ganglia which lie in front of the vertebrae. Post-ganglionic sympathetic nerves transmit the signals to the innervated tissues by the release of NA and thereby activating the adrenergic receptors in the effector tissue/organ and thus producing its actions (Ilia *et al.*, 2000).

The major paracrine factor released by adrenal medulla is adrenaline and to a lesser extent noradrenaline (NA). The chromaffin cells of the adrenal medulla are innervated by pre-ganglionic sympathetic nerve terminals which uses acetylcholine as the neurotransmitter (Ilia *et al.*, 2000). Upon activation of the chromaffin cells, adrenaline and noradrenaline are produced. Therefore, we can say that adrenaline and noradrenaline are the principle end products of the sympathetic nervous system.

Adrenaline and noradrenaline are catecholamines. They are synthesized from tyrosine which is transported into the noradrenergic varicosities by a sodium dependent carrier, where tyrosine is converted to di hydroxy phenylalanine (DOPA) by an enzyme tyrosine hydroxylase and is finally hydroxylated to dopamine and a carrier which can transport dopamine into the vesicles. Dopamine is converted to NA in the vesicles by dopamine bihydroxylase (DBH). In the adrenal medulla, NA is further converted to adrenaline.

The nerve impulse carried by the sympathetic nerves exerts its actions on the effectors through activation of certain receptors in the effector organs. The post-ganglionic sympathetic nerve terminals release NA to activate these receptors (DiBona, 2000). Pertaining to the fact that primarily NA and adrenaline activate these receptors, they are referred to as adrenergic receptors.

1.2.1 Adrenergic receptors

All adrenergic receptors are G-protein coupled receptors. Each major type has an affinity for a specific G protein. α_1 adrenoceptors show preference for Gq, α_2 adrenoceptors link with Gi while β_2 adrenoceptors couple with Gs (Shelli *et al.*, 2004). These receptors exhibit a relatively rapid response to agonists. Upon exposure to agonists, responses depend on the desensitized state of the receptor (Shelli *et al.*, 2004). There are multiple mechanisms involved in the desensitization process. A relatively rapid route to desensitization is through phosphorylation of the receptor by both G protein receptor kinase and by signaling kinases such as protein kinase A or protein kinase C (Luttrell *et al.*, 2002). A slower process to desensitized state of the adrenoceptors might exhibit in the form of receptor endocytosis / internalization and degradation, which ultimately leads to down regulation of the receptors (Taso *et al.*, 2001).

Adrenergic receptors are membrane bound receptors in nature and are present in cells of both peripheral tissues and CNS. Adrenoceptors mediate a variety of actions and therefore have been in the limelight of research for several decades. Ahlquist first

classified them as alpha and beta adrenoreceptors in 1948 (Ahlquist., 1948). Adrenoceptors excite on exposure to both adrenaline and noradrenaline. Both adrenaline and noradrenaline play an important role in the control of blood pressure (BP), myocardial contractile rate and force as well as metabolism. Adrenoceptors have affinity for many synthetic drugs and with the newer pharmacological tools, scientists have been able to identify and subdivide the adrenoceptors. Drugs interacting with subtypes have proven useful in a variety of diseases, involving most of the vital organs in the body. Some of the pathophysiological conditions in which adrenoceptors have been targeted and found to be of use include hypertension, angina pectoris, CHF, cardiac arrhythmia and asthma (David *et al.*, 1994).

1.2.1.1 Classification, characterization & distribution

In early 20th century, Dale reported that certain responses to adrenoceptor stimulation, such as the vasopressor action of adrenaline, are insensitive to ergot alkaloids that are classical adrenoceptor antagonists. This opened up an exciting new avenue for researchers to explore adrenoceptors. Up till then, the focus of adrenoceptor classification was based either on “excitatory” or “inhibitory” actions. These qualitative approaches of classification were not so helpful and even lead to proposal of different neurotransmitters. However, in 1948 Ahlquist’s quantitative approach was based on different order of potency of the two different adrenoceptor subtypes. He evaluated effects of structurally related natural and synthetic agonists in different tissues. He proposed alpha and beta adrenoceptors based on the findings that beta receptors are insensitive to blockade by ergot alkaloids (Powell *et al.*, 1957; Moran *et al.*, 1958). In

1967, Lands and his colleagues described that there were two subtypes of β receptors. They explained that β_1 adrenoceptor subtype was equally sensitive to adrenaline and NA and that it is the dominant subtype in heart and adipose tissue. Whereas β_2 adrenoceptors were much less sensitive to noradrenaline as compared to adrenaline and that they are responsible for relaxation of vascular, uterine and airway smooth muscles (Lands *et al.*, 1967 a&b).

In 1974, Langer presented the classification of α adrenoceptors based on the anatomical distribution. Reports started to come in regarding the pharmacological differences amongst pre and post junctional α adrenoceptors (Starke *et al.*, 1974). Langer suggested that pre junctional α adrenoceptors be named as α_2 while post-junctional as α_1 . Not much time had passed when a functional subdivision of α adrenoceptors was viewed in literature in late 1970's. These studies used agonists-antagonists interaction as the basis to oppose anatomical subdivision discussed by Langer and other researchers and suggested a classification of adrenoceptors based on their function (Berthelsen *et al.*, 1977). These researchers suggested that α_1 adrenoceptors mainly induce excitation while α_2 adrenoceptors play a role in inhibition. A few years later, Drew and Whiting argued the presence of two distinct types of post synaptic α adrenoceptors based on their findings that NA induced vasoconstriction is inhibited not only by α_1 adrenoceptor antagonists such as prazosin but also with yohimbine, a selective α_2 antagonist (Drew *et al.*, 1979). These findings lead scientists to re-evaluate the way to classify adrenoceptors. In late 1980's and early 1990's the pharmacological subdivision of α_1 and α_2 adrenoceptors and their subtypes stirred

interest in most scientists. This new classification was based on highly specific agonist and antagonist interactions (Ruffolo *et al.*, 1988; Ruffolo *et al.*, 1991). Over the passage of time, pharmacological basis of sub classifying adrenoceptors strengthened. Scientists agreed that α adrenoceptors that are activated by methoxamine, cirazoline or phenylephrine and blocked competitively by low concentration of prazosin, WB-1401 or corynanthine should be classified as α_1 adrenoceptors. Whereas, adrenoceptors activated by α -methylnorepinephrine, UK-14, 304, B-HT 920 and/or B-HT 933 and blocked by low concentrations of yohimbine, rauwolscine and/or idazoxin be classified as α_2 adrenoceptors (Ruffolo *et al.*, 1991).

In late 1980's the advancement in the radio-ligand binding assays, gene recombinant technology and development of molecular biology techniques had a major impact on adrenoceptor classification. Since then, the presence of several subtypes of α and β adrenoceptors have been shown to exist. Sometimes multiple subtypes are expressed in a single tissue.

Adrenoceptors have been historically classified into α and β adrenoceptors, however, in 1994, David and his co-workers suggested that it is more appropriate to classify adrenoceptors into α_1 , α_2 and β adrenoceptors based on differences in affinity to pharmacological tools, differences in the second messenger responses and the amino acid sequence of these receptors (David *et al.*, 1994). However, in the later studies it was shown that there is more than one subtype of β adrenoceptors. These subclasses of adrenoceptors are discussed in detail below.

1.1.1.2 α adrenoceptors

Information regarding modulation of vascular tone through α adrenoceptors gained interest by researchers as well as clinicians pertaining to their possible manipulation in hypertension. However, what we know about these adrenoceptors today is based on their discovery in 1948 by Ahlquist and pioneering work by Langer and his co-workers. With the development of selectively binding drugs, these receptors have enabled insight into pathological states and their possible treatment. They can be largely subdivided into α_1 and α_2 adrenoceptors.

1.2.1.2.a α_1 adrenoceptors

α_1 adrenoceptors are involved in smooth muscle growth, regulation of blood pressure, maintenance of the vascular tone and myocardial contractility (Brodde *et al.*, 2001; Guimaraes *et al.*, 2001; Koshimizu *et al.*, 2002). A cascade of reactions occurs upon stimulation of these receptors, stimulating the activity of Phospholipase C, which promotes the hydrolysis of phosphatidylinositol bisphosphate producing inositol trisphosphate and diacylglycerol. These molecules act as second messengers mediating intracellular Ca^{2+} release from non-mitochondrial pools and activate protein kinase C (Guimaraes *et al.*, 2001). These membrane-bound receptors excite upon coupling with both sympathetic neurotransmitters; adrenaline and noradrenaline. Also, each of the α_1 adrenoceptor subtype shows linkage to Gq protein and activates phospholipase C (Shelli *et al.*, 2004).

With the development in receptor cloning techniques, advancements in molecular biology approach and radio-ligand binding assays, α_1 adrenoceptors were first divided into α_{1A} and α_{1B} subtypes based on relative affinity of these receptors for 5-MeU, WB-4101 and CEC (Morrow *et al.*, 1986; Han *et al.*, 1987; Gross *et al.*, 1988; Hanft *et al.*, 1989 and Boer *et al.*, 1989). These researchers showed that α_{1A} adrenoceptors were sensitive to 5-MeU and WB-4101 and insensitive to CEC. They also reasoned that α_{1B} adrenoceptors were sensitive to CEC and had a very low affinity to 5-MeU and WB-4101. At present researchers discuss at least three sub types of α_1 adrenergic receptors based on a pharmacological classification, namely; α_{1A} , α_{1B} and α_{1D} .

1.2.1.2.a.i α_{1A}

In vitro studies have shown that α_{1A} mRNA is highly expressed in peripheral arteries and that up to 90% of total α_1 adrenoceptor mRNA is of α_{1A} subtype in peripheral vasculature (Guimaraes *et al.*, 2001). Discrepancies exist between the knowledge of the expression of these receptors *in vitro* and their functional implications *in vivo* (Hrometz *et al.*, 1999; Ohmi *et al.*, 1999). It has also been suggested that α_{1A} adrenoceptor predominates in 8 different types of rat arteries which had a dense innervation of sympathetic nerves (Frank *et al.*, 1998). By inducing chemical sympathectomy they also argued that reshuffling of α_{1A} adrenoceptor density might be of importance in pathophysiological states with high sympathetic activity. Using molecular biology techniques, the presence of another α_1 adrenoceptor subtype, termed as α_{1C} has been shown to exist (Schwin *et al.*, 1990). In the following years a consensus

was reached that $\alpha_{1A/C}$ are the same sub type of alpha adrenoceptor and α_{1A} is to be referred to this receptor (Ruffolo *et al.*, 1991). Using binding competition experiments, co-expression of α_{1A} and α_{1B} adrenoceptors in rat tail arteries has been shown in intact tissue segments and membranes (Tanaka *et al.*, 2004). Recent studies have more clearly addressed the functional attributes of these receptors and it has been demonstrated that noradrenaline induced contractions in rat tail artery are mediated by both α_{1A} and α_{1B} adrenoceptors (Sven *et al.*, 2004). α_{1A} and α_{1B} adrenoceptors have also been shown to play a role in the inotropy of mice heart. Using a gene knock out approach, it was shown that both α_{1A} and α_{1B} adrenoceptor subtypes play similar roles in exhibiting negative inotropy in mouse myocardium. It was also discussed by the same group of researchers that the inotropic effects induced by α_1 adrenoceptors differ dramatically in mouse and rat myocardium (Diana *et al.*, 2002). In humans, α_{1A} and α_{1B} subtypes of adrenoceptors have also been shown to be the major expressed and functionally important sub types in the sphenous vein (Ming *et al.*, 2001).

1.2.1.2.a.ii α_{1B}

α_{1B} was probably the first α_1 adrenoceptor subtype to be cloned using molecular biology techniques. Cotecchia and his fellow workers isolated a clone from a hamster vas deferens cell line (DD₁MF2), which expressed a protein with a sequence similar to that of a G protein coupled receptor (Cotecchia *et al.*, 1988). Upon further analysis and expression of this cDNA resulted in a protein with properties consistent with α_{1B} adrenoceptor. It had a high affinity for prazosin and a low affinity for phentolamine, 5 methyl urapidil (5-MeU) and yohimbine. It was also highly sensitive to irreversible

inactivation by CEC. Voigt and fellow colleagues identified rat α_{1B} adrenoceptors in liver, spleen, heart and cerebral cortex and showed that its pharmacological profile was similar to that of hamster (Voigt *et al.*, 1990). In one of the recent studies, it was shown that noradrenaline mediates sympathetic neurotransmission in murine mesenteric arteries by acting on α_{1B} adrenoceptors and to a lesser extent on α_{1A} adrenoceptors. The same experiment also revealed that in DOCA salt hypertensive mice, neurogenic constrictions are mediated only by α_{1B} adrenoceptors (Alex *et al.*, 2005). Using α_{1B} knock out mice, a definite but minor role of α_{1B} adrenoceptors in the rat tail arteries has also been discussed recently (Daley *et al.*, 2002).

1.2.1.2.a.iii α_{1D}

In 1991, Lomasney and his fellow researchers reasoned for the presence of another α_1 adrenoceptor subtype based on their findings from molecular cloning and cDNA expression from the rat cerebral cortex. Their theory was fortified by Perez and co-workers who called this as α_{1D} adrenergic receptor (Lomasney *et al.*, 1991). They found low affinity for the more selective α_{1A} adrenoceptor antagonist 5-MeU and (+) niguldipine (Lomasney *et al.*, 1991). It has been established by gene knock out studies in mice that α_{1D} play an important role in homeostasis. *In vivo* studies showed that α_{1D} adrenoceptors play an important role in the vascular contractions caused by α_1 adrenoceptor agonists (Piascik *et al.*, 1995; Hussain *et al.*, 2000). Removal of the genes regulating α_{1D} reduced the resting blood pressure in mice but α_{1B} knock out mice did not show any baseline change in the pressure, suggesting an important role of α_{1D} adrenoceptor subtype in maintaining homeostasis. These scientists also suggested that

α_{1D} is an important adrenoceptor subtype in the development of secondary hypertension in acute renal dysfunction (Chihiro *et al.*, 2005). One of the studies has shown that α_{1D} adrenoceptors do not play a role in neurogenic constrictions in both the arteries of sham and DOCA hypertensive mice (Alex *et al.*, 2005). Moreover, a recent study suggests that in hyper homocysteinemia, the contractile responses to phenylephrine are due to impaired modulation performed by α_{1D} adrenoceptor mediated endothelial vasorelaxation in rat carotid arteries (Claudia *et al.*, 2006).

At present a consensus has been reached as to the presence of three α_1 adrenoceptors namely; α_{1A} , α_{1B} and α_{1D} . Identifying the subtype of α_1 adrenoceptors involved in vasoconstrictive responses to sympathomimetic agonists is by no way straightforward. *In vitro* studies suggested that vascular smooth muscles express mixed subtypes of α_1 adrenoceptor subtypes (Miller *et al.*, 1996). Evidence also suggests that responses produced are probably due to the activation of more than one subtype (Zhong *et al.*, 1999). Although mRNA of all three subtypes have been found in several blood vessels, the contraction in response to phenylephrine is primarily mediated by α_{1D} and secondarily by α_{1B} adrenoceptors (Xu *et al.*, 1997; Hussain *et al.*, 2000). In another study Piascik and co-workers made similar observation. They found that expression of mRNA for α_1 adrenoceptor subtypes, in several arteries of rat, were in order $\alpha_{1A} > \alpha_{1B} > \alpha_{1D}$ but only α_{1B} played a functionally important role in mesenteric artery (Piascik *et al.*, 1997) whereas α_{1D} adrenoceptor subtype dominated the functional importance in aorta, femoral and iliac arteries (Piascik *et al.*, 1997). Some functional studies show that in the rat, α_{1A} and α_{1D} adrenoceptor subtypes regulate the larger

vessels, while α_{1B} dominate the functional importance in the small resistance vessels (Piascik *et al.*, 1997; Gisbert *et al.*, 2000). Some studies have also discussed the possibility of junctional versus extra junctional localization of α_1 adrenoceptor subtypes. However, their physiological significance and differential localization based on the functional studies remain to be clinically exploited (Alex *et al.*, 2005).

1.2.1.2.a.iv α_{1L} & α_{1H}

Another classification of α_1 adrenoceptors based on the relative affinity for prazosin exists. α_{1H} showed high affinity to prazosin while α_{1L} showed low affinity (Holck *et al.*, 1983; Langer *et al.*, 1984; Flavahan *et al.*, 1986). This point of view emerged because some scientists observed that two types of α_1 adrenoceptors did not show any response to noradrenaline induced contractile responses of propranolol in prostate and bladder of rat and guinea pig (Cohen *et al.*, 1989). More recently, scientists have shown that α_{1L} adrenoceptors mediate the noradrenaline induced contraction in mouse prostate (Katherine *et al.*, 2006). These results are in accordance with the findings of Ford and co-workers, that the same receptor induces contractile responses in human prostate (Ford *et al.*, 1996).

1.2.1.2.b α_2 adrenoceptors

α_2 adrenoceptors were first discussed in 1980's. Pertaining to the non-availability of selective agonists, as in the case of α_1 adrenoceptors, α_2 adrenoceptors and their subtypes classification was by no means easy. Binding studies initially revealed two subtypes of α_2 adrenoceptors namely α_{2A} from human platelets and α_{2B} from rat kidney, lungs and cerebral cortex (Van Zwieten *et al.*, 1982; McGrath *et al.*, 1989). To date, three subtypes of α_2 adrenoceptors have been shown to exist, namely; $\alpha_{2A/D}$, α_{2B} and α_{2C} (Guimaraes *et al.*, 2001). These findings were initially based on radioligand binding assays but later functional studies and molecular approaches confirmed their expression as well. The amino acid composition of α_{2B} and α_{2C} are similar in mammalian species except for α_{2A} adrenoceptor, which differs slightly. In humans the gene coding for α_{2A} , α_{2B} and α_{2C} adrenoceptors are located in chromosomes 10, 2 and 4 respectively (Regan *et al.*, 1988; Lomasney *et al.*, 1990; Weinshank *et al.*, 1990). Pharmacologically α adrenoceptor antagonists possess different affinity for α_2 adrenoceptor subtypes (Guimaraes *et al.*, 2001). Prazosin has a relatively higher affinity for α_{2B} and α_{2C} adrenoceptors and a very low affinity for $\alpha_{2A/D}$ adrenoceptors. Yohimbine and rauwolscine are more selective than phentolamine and idazoxanon for α_{2A} in comparison to α_{2D} adrenoceptors.

A vast majority of tissues express more than one subtype of α_2 adrenoceptors with a few exceptions; α_{2A} in human platelets, α_{2B} in the rat neonatal lung and α_{2C} in opossum cells (Bylund *et al.*, 1988). It has been discussed that α_2 adrenoceptors are an essential part of the neural system regulating cardiovascular function (Ruffalo *et al.*,

1991). However, at the post junctional level, α_2 adrenoceptors were not found *in vitro* in most of the arterial vessels. Also, in general, the vasoconstrictive effect of α_2 adrenoceptors is restricted in general to the small arteries and arterioles but not in large arteries (Guimaraes *et al.*, 2001).

The involvement of α_2 adrenoceptors and/or imidazoline receptors in the anti-hypertensive effects of drugs like clonidine and moxonidine is still controversial. The results of one study suggests that the effects of moxonidine acting in the forebrain (renal vasodilatation) depends on α_1 adrenoceptor activation, while the cardiovascular effects, including renal vasodilatation, produced by moxonidine acting in the brainstem depends at least partially on the activation of α_2 adrenoceptors (Thiego *et al.*, 2007).

1.2.3 β adrenoceptors

These are G protein coupled receptors and mediate cardiovascular responses to noradrenaline released from sympathetic nerve terminals and to circulating adrenaline. Also, β adrenoceptor mediated vasodilatation plays an important physiological role in the regulation of vascular tone. Stimulation of peripheral β adrenoceptors lead to relaxation of the vascular smooth muscles, thereby controlling the peripheral vascular resistance. β adrenoceptors can be stimulated or blocked by many compounds. Such compounds are therefore used to treat important and common diseases, such as hypertension, asthma, cardiac arrhythmias and ischemic heart disease (Guimaraes *et al.*, 2001).

All β adrenoceptor subtypes signal by coupling to the stimulatory G-protein; G_s . This leads to the activation of adenylyl cyclase and release of the second messenger cAMP (Dixon *et al.*, 1986; Frielle *et al.*, 1987; Emorine *et al.*, 1989). However, some recent studies indicate that, under certain circumstances, β adrenoceptors, particularly β_3 adrenoceptor, can couple to G_i as well as to G_s (Chaudry *et al.*, 1994; Xiao *et al.*, 1995; Gauthier *et al.*, 1996, Gauthier *et al.*, 2000). Intracellular events following β -adrenoceptor activation are also linked to ion transport. It is well known that protein kinase A activated by cAMP, phosphorylates L-type Ca^{2+} channels to facilitate Ca^{2+} entry and thus producing the positive inotropic effect in atria and ventricles, increased heart rate in the sino-auricular node, and accelerated conduction in the atrio-ventricular node (Guimaraes *et al.*, 2001). Multiple mechanisms control the signaling and density of G-protein-coupled receptors (GPCRs). The termination of GPCR signals involves binding of proteins to the receptor as a first step. This process is initiated by serine-threonine phosphorylation of the receptors. This phosphorylation takes place both by members of the GPCR kinase family and by second-messenger-activated protein kinases A and C. Receptor phosphorylation by GPCR kinase is followed by binding of proteins named arrestins. Arrestins bind to the phosphorylated receptor and inhibit further G-protein activation (Luttrell *et al.*, 1999).

In late 1960s Lands and coworkers classified β receptors into β_1 and β_2 (Lands *et al.*, 1967 a&b). So far three distinct β adrenoceptor subtypes have been cloned; β_1 , β_2 , and β_3 . β_1 adrenoceptors mediate +ve chronotropy and ionotropy as well as relaxation of the coronary arteries and stimulates the renin release (Bylund *et al.*, 1994).

The indigenous catecholamines adrenaline and noradrenalin have an excitatory action on both β_1 and β_2 adrenoceptors whereas propranolol antagonizes them. Three different genes located on human chromosomes 10, 5 and 8 encode β_1 , β_2 , and β_3 respectively. The human β_3 adrenoceptor has 49% and 51% overall homology at the amino acid level with β_2 and β_1 adrenoceptors, respectively (Emorine *et al.*, 1989; Granneman *et al.*, 1994). β_3 adrenoceptors are not blocked by propranolol and other conventional β adrenoceptor antagonists. However, this subtype of β adrenoceptors can be selectively blocked by SR-59230. Moreover, they are activated by selective β_3 adrenoceptor agonists like BRL 37344 and CL 316243 (Manara *et al.*, 1995; Summers *et al.*, 1997; Fischer *et al.*, 1998).

On the basis of many pharmacological and molecular studies, the existence of a fourth β adrenoceptor subtype was postulated (Brodde *et al.*, 1999). Studies using more selective agonists and antagonists showed that relaxation of vascular smooth muscle cells resulted from activation of either β_1 or β_2 adrenoceptor subtypes and that the involvement of each subtype depended on the vascular bed and the species under investigation (O'Donnell *et al.*, 1984; Guimaraes *et al.*, 1993; Shen *et al.*, 1994; Shen *et al.* 1996; Begonha *et al.*, 1995).

In the heart, maximum +ve inotropy is obtained by stimulation of only β_1 adrenoceptors (Kaumann *et al.*, 1989; Motomura *et al.*, 1990) while the -ve inotropy induced by β_2 adrenoceptors is larger than that induced by the β_1 adrenoceptor stimulation in the vessels (Guimaraes *et al.*, 1981).